

# Tracey Coale, PT, DPT

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## Education

**Transitional Doctorate of Physical Therapy, 2005, Boston University**

**Bachelor of Science: Physical Therapy, 1996, University of South Alabama**

## Licensure and Certification

### **Licensed Physical Therapist**

- State of Alabama Board of Physical Therapy
- Physical Therapy License # PTH2470 August 1996- present

### **Certified American Physical Therapy Association Clinical Instructor**

- January 2018- Present

## Professional Work Experience

### **Infirmiry Health Systems – Mobile, AL**

Physical Therapist Inpatient Rehab/ Acute Care  
October 2015- Present

### **Amedisys Home Care- Mobile, AL**

Physical Therapist  
April 2005- September 2015

### **Therapy Management Corporation- Twin Oaks SNF (PRN)- Mobile, AL**

Physical Therapist  
March 2013- September 2015

### **Gentiva Health Care- Mobile, AL**

Physical Therapist  
April 2003- April 2005

### **Amedisys Home Care- Mobile, AL**

Physical Therapist  
January 2002- December 2003

### **Select Medical Corporation- Moss Point, MS**

Physical Therapist  
May 2000- January 2002

## **Voran Therapy- Mobile, AL**

Physical Therapist  
March 1998- May 2000

## **DCH Regional Medical Center- Tuscaloosa, AL**

Physical Therapist  
June 1996- March 1998

### Professional Development

- Balance Challenges: Assessment, Interventions in supine and sitting and dynamic interventions (2023) 5.25 hours
- Brain Injury & Behavioral Dyscontrol Impact of Cognitive Deficits (2023) 2 hours
- Assistive Technology Use in Rehabilitation Population: An overview for mental health clinicians (2022) 1 hour
- Neurologic Treatments Neuroplasticity and Motor learning and challenging presentations (2022) 3.75 hours
- Physical Therapy for Parkinson disease: A new clinical practice guideline (2022) 4 hours
- Stronger Longer: Evidence-based Strategies to Mitigate Age-related Sarcopenia (2021) 3 hours
- The Dementia Bootcamp: Evidence-based Techniques & Strategies (2021) 3 hours
- Understanding the Clinical Practice Guideline to improve locomotor function following chronic stroke, incomplete spinal cord injury and brain injury (2021) 2 hours
- Understanding the Academy of Neurologic Physical Therapy Clinical Practice Guideline for the use of ankle foot orthoses and functional electrical stimulation post stroke (2021) 2 hours
- Reimbursement and Documentation for Rehabilitation in 2021 (2021) 2.7 hours
- Choosing the Appropriate Wheelchair Back Support (2021) 1 hour
- Wheelchair Postural Supports: How to Optimize Stability and Alignment in a Wheelchair system (2021) 1 hour
- Wheelchair Seating and Positioning Evaluation Tools (2021) 1 hour
- Choosing the Appropriate Wheelchair System for the Resident with Cognitive Impairment (2021) 1 hour
- Challenges to seating and positioning: Common seating Misconceptions that get in the way (2020) 1 hour
- Understanding the Geriatric Population: Risks Associated with Prolonged Sitting and Goals of a Therapist (2020) 1 hour
- The Aging Skin: Understanding Skin changes that make our elderly clients more susceptible to breakdown, common areas of wound development, stages of pressure injuries (2020) 1 hour
- Three Extrinsic Factors of Wound Development: Taking a deeper look (2020) 1 hour

- Choosing the Most Appropriate Wheelchair (2020) 1 hour
- Skin Protection Cushions: Understanding the Principles of Immersion and Envelopment vs Offloading and the Importance of Cushion Medium and Geometry (2020) 1 hour
- Abnormal Posture in the Wheelchair System: Identifying the Cause (2020) 1 hour
- Accommodate or Correct? A Comparison of What You are Trying to Accomplish When the Postural Abnormality is reducible versus Non-reducible (2020) 1 hour

## Service Activities

- Volunteer supervising Physical Therapist on Health Science/ Service Trip with DPT students (14), OT students (5) to Juan Dolio, Dominican Republic, in conjunction with Christian Medical Ministry of South Alabama (CMMSA) providing 1,881 volunteer hours of healthcare clinical services and care to Trinidadians in nursing homes, children's homes and village clinics. December 10-17, 2016
- Homeless Connect - Supervised students during medical screening for individuals in homeless community. September 2018
- Clinical Instructor for 3<sup>rd</sup> year Physical Therapy Students from University of South Alabama, University of Alabama Birmingham, Samford University. 2016- Present