

## CURRICULUM VITAE

**Laura White, PT, DScPT**

### **Education:**

Doctor of Science in Physical Therapy

University of Alabama at Birmingham, Birmingham, AL

Dissertation: Facilitating the use of implicit memory and learning in the physical therapy management of individuals with Alzheimer disease: a case series

May 2012

Master of Science in Physical Therapy

University of Alabama at Birmingham, Birmingham, AL

December 1992

Bachelor of Science in Psychology

Baylor University, Waco, TX

December 1989

### **Licensure:**

Alabama Physical Therapist PTH 1857

### **Certifications:**

Board Certified Geriatric Clinical Specialist, American Board of Physical Therapy Specialties, 1998-2018, 2021-2031

Trainer, APTA Credentialed Clinical Instructor Program – Level 1, 1998-present

APTA Credentialed Clinical Instructor – Basic, 1998, Advanced, 2010

Master Trainer, A Matter of Balance Program, MaineHealth, 2016 – present

LSVT BIG Certified Clinician, LSVT Global Program for Parkinson Disease, July 2018 – present

Certificate in Pedagogy in Team-based Learning, Team USA Quality Enhancement Project, May 2015

### **Employment and Positions Held (Academic):**

Assistant Professor

Tenure-track

University of South Alabama

Department of Physical Therapy

Mobile, AL

November 2020 – present

Assistant Professor/Curricular Assistant/Director of Clinical Education

University of South Alabama

Department of Physical Therapy

Mobile, AL

August 2009 – August 2018

Adjunct Instructor/Assistant Academic Coordinator of Clinical Education

University of South Alabama

Department of Physical Therapy

Mobile, AL

August 2001 – July 2009

Adjunct Instructor  
Bishop State Community College  
Physical Therapist Assistant Program  
Mobile, AL  
May 2004 – May 2005

Assistant Professor (temporary contract)  
University of Alabama at Birmingham  
Department of Physical Therapy  
Birmingham, AL  
March 2001 – October 2001

**Employment and Positions Held (Clinical):**

Staff Physical Therapist, prn  
Infirmary Health  
Mobile, AL  
November 2020 – November 2021

Clinical Specialist Physical Therapist  
Infirmary Health  
Mobile, AL  
August 2018 – October 2020

Staff Physical Therapist, part-time  
Encore Rehabilitation/Somerby Senior Living  
Mobile, AL  
July 2016 – March 2017

Physical Therapist, prn  
University of South Alabama Medical Center  
Mobile, AL  
June 2016 – August 2018

Physical Therapist, prn  
USA Faculty Services  
Mobile, Alabama  
August 2009 – August 2018

Staff Physical Therapist, prn  
Infirmary Health  
Mobile, AL  
2002 - 2008

Physical Therapist  
    Clinical Coordinator of Clinical Education (1995 – 2001)  
    Clinical Manager (1996-1997)  
    Clinical Instructor (1994 – 2001)  
Baptist Health System  
Birmingham, Alabama  
January 1993 – February 2001

### **Peer-reviewed Publications:**

**White LW**, Jordan K, McDermott H. Assessment of student readiness for clinical education in mixed-mode curriculum delivery: A case study. *Qual Assur Educ*. Published ahead of print on July 21, 2022. doi: 10.1108/QAE-02-2022-0044

**White LW**, Dawson N, Saale BP, Lemley T. Physical therapists' and physical therapist students' experiences and views on the provision of physical therapy services to people with dementia: A scoping review. *J Geriatr Phys Ther*. Published ahead of print on April 7, 2022. doi: 10.1519/JPT.0000000000000351

O'Shea RK, **White L**, Fell DW. Intervention related to Hypertonia: Spastic and Rigid. In DW Fell, KY Lunnen, & R Rauk (Eds.), *Lifespan Neurorehabilitation: A Patient-centered Approach from Examination to Interventions and Outcomes*. Philadelphia, PA: F.A. Davis, 2017.

**White L**, Ford M, Brown C, Peel C, Triebel K. Facilitating the use of implicit memory and learning in the physical therapy management of individuals with Alzheimer disease: a case series. *J Geriatr Phys Ther*. 2014;37:35-44.

**White L**, Fletcher J. Delirium. In: *Physical Therapy Case Files: Acute Care* (Jobst E, ed.). The McGraw-Hill Companies, Inc., 2013.

Fletcher JC, **White L**. Abstract. Use of the Confusion Assessment Method (CAM) to screen for delirium in the acute care setting: a case report. *J Acute Care Phys Ther*. Dec 2010; 1(2): 71.

Sherer CL, Morris DM, Graham C, **White L**. Competency-based early clinical education experiences for physical therapy students. *Internet J Allied Health Sci Pract*. Apr 2006, Volume 4 Number 2.

### **Peer Reviewed Scientific and Professional Presentations:**

Dawson N, **White LW**, Ross C, Beato M. The ABCs of Dementia: ADRD, FTD, LBD, NPH – Which Therapy Approach Is Effective?, APTA Combined Sections Meeting, San Diego, CA. February 2023 (accepted).

Huang Y, Henbest V, **White LW**, Kouame G, Beverly BL. Emergent literacy skills of Chinese preschoolers speaking Mandarin: A scoping review. Poster. 2022 American Speech-Language-Hearing Association Annual Convention, ASHA, New Orleans, LA. November 2022 (accepted).

Jordan K, **White L**. From stop gap to sustained: A student clinical readiness project during the COVID-19 pandemic. Research session. 12th Annual South Alabama Conference on Teaching and Learning, University of South Alabama, Mobile, AL, May 11, 2022.

**White L**, Dawson, N, Saale B, Lemley T. Therapists' and students' experiences and views on working with people with dementia: A scoping review. Platform. APTA Combined Sections Meeting, San Antonio, TX, February 3, 2022.

**White L**, Saale B, King B. Making outcome measures work for you and your patient in neurorehabilitation. Educational Session. Alabama Chapter of the APTA Fall Conference 2019, Birmingham, AL, August 16, 2019.

Cochran V, Dowell D, Latham T, **White L**, Gubler C. Evaluation of an academic-community partnership project to deliver A Matter of Balance (MOB) to older adults with osteoarthritis in low-income senior housing. Poster. APTA Combined Sections Meeting, New Orleans, LA, February 22-24, 2018.

Dawson H, **White L**. Factors that influence selection of initial employment by new graduate physical therapists. Poster. APTA Combined Sections Meeting, New Orleans, LA, February 22-24, 2018.

Bolkan C, McGuire S, **White L**, Donorfio J. Health Profession Students' Attitudes Toward and Beliefs About Older Adults. Presentation. IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 24, 2017.

**White L**, Gubler C, Styron J. Health Promotion of Underserved Older Adults Using an AcademicCommunity Partnership Model. Presentation. IAGG World Congress of Gerontology and Geriatrics, San Francisco, CA, July 24, 2017.

**White L**, Dawson N, Stanley M, Ross C, Knott G, Ross B. Working with Patients and Clients with Cognitive and Mental Health Issues Across the Care Continuum. Pre-conference Course. APTA Combined Sections Meeting, San Antonio. February 14, 2017.

Hamrick K, Newell D, **White L**. The feasibility of a physical therapist student-led A Matter of Balance program. Poster. Exercise and Physical Activity in Aging Conference (EXPAAC) II, Indianapolis, IN, July 28, 2016.

**White L**. From Traditional to Team-based: transforming an entry-level Doctor of Physical Therapy management course. Educational Session. South Alabama Conference on Teaching and Learning, Mobile, AL, May 10, 2016.

**White L**, Hamrick K, Newell D. The feasibility of a physical therapist student-led A Matter of Balance program in an urban congregate housing setting. Poster. South Alabama Conference on Teaching and Learning, Mobile, AL, May 9, 2016.

**White L**. From Traditional to Team-based: transforming an entry-level Doctor of Physical Therapy management course. Platform. APTA Combined Sections Meeting, Anaheim, CA, February 20, 2016.

Hamrick K, Newell D, **White L**. The feasibility of a physical therapist student-led A Matter of Balance program in an urban congregate housing setting. Poster. APTA Combined Sections Meeting, Anaheim, CA, February 18, 2016.

Dawson H, **White L**. Factors that influence selection of initial employment by new graduate physical therapists. Poster. National Collegiate Honors Council Annual Conference, Chicago, IL, November 14, 2015.

Rudd A, Estis J, **White L**, Clanton C, Styron J. Enhancing interaction among health professions students through interprofessional education. Educational Session. University of South Alabama Conference on Teaching and Learning, Mobile, AL, May 12, 2015.

Braddock KR, Walker MR, Wood JE, **White L**. Delirium screening by geriatric physical therapists: a survey of practice patterns, knowledge, and barriers. Poster. APTA Combined Sections Meeting, San Diego, CA, January 22, 2013.

Kennedy E, Graham C, Clark D, **White L**. Responding to the Needs of the Millennials: promoting student competence in the classroom and beyond. Educational Session. APTA Annual Conference, Tampa, FL, June 8, 2012.

Fletcher JC, **White L**. Use of the Confusion Assessment Method (CAM) to screen for delirium in the acute care setting: a case report. Platform. APTA Combined Sections Meeting, New Orleans, LA. February 12, 2011.

Clark D, **White L**. A PROACTIVE approach to clinical decision-making in management of complex geriatric clients. Poster. University of Alabama at Birmingham (UAB) Interprofessional Geriatric Education Conference, Birmingham, AL, January 21, 2011.

**Funded/In Review Grant Activity:**

Role: Primary Investigator

Direct Costs: \$1000

Title: Physical therapist students' perceptions on working with older adults with dementia

Funding Period: 2017-2018

Agency: University of South Alabama Scholarship of Teaching and Learning Mini-grant

Role: Primary Investigator

Direct Costs: \$5000

Title: The South Alabama Fall Prevention Program (SAFPP): An Academic-Community Partnership Targeting Older Adults with Osteoarthritis

Co-investigator: Coral Gubler, PT, PhD, ATC

Funding Period: 2016-2017

Agency: Osteoarthritis Action Alliance 2016 Small Grants Program

Role: Clinical Faculty/Collaborator

Direct Costs: \$1,315,812

Title: UD7 HP26043-02-00. Interprofessional Collaborative Practice to Improve Patient Outcomes

Primary investigator: Dearman C/Brown H

Funding Period: 2014-2016

Agency: HRSA Nurse Education, Practice, Quality and Retention- Interprofessional Collaborative Practice Project # 5

**Current/Active Research Activity:**

Role: Principal investigator

Title: Assessing dementia knowledge, confidence, and training needs of outpatient physical therapists

Co-investigator: Dawson N

Funding: Internal

Role: Co-investigator

Title: The practice patterns and perspectives of speech-language pathologists who work with people with dementia: A scoping review

Primary investigator: Mayer J

Funding: Northern Illinois University

**Other Peer-reviewed Scholarly Products:**

**White L**, Williams L, Price J, Williams P, Betros C, Schoen M (editor). Shared decision- making in interprofessional geriatric healthcare delivery. Deep South CME Network, August 2011.

**Non-Peer-reviewed Publications:**

**White, L**. Screening for delirium in older adults: continuing education module. *Gerinotes* (Academy of Geriatric Physical Therapy, APTA). November 2014; Volume 21, No. 6.

**White, L.** Outcome measures of mobility in Parkinson disease: an annotated bibliography. *Gerinotes* (APTA Section on Geriatrics). September 2006; Volume 13, No. 5.

**White, L.** Evidence in practice: Group tai chi and fall risk. *Gerinotes* (APTA Section on Geriatrics). June 2006; Volume 13, No. 4.

**Invited Presentations:**

Estis J, **White L.** Facilitating Application Activities. Team USA Advanced TBL Workshop. University of South Alabama, Mobile, AL, July 27, 2016.

Estis J, **White L.** Facilitating Application Activities. Team USA Quality Enhancement Plan. University of South Alabama, Mobile, AL, March 10, 2016.

Brown C, Fell D, Warr R, **White L.**, Clark D, Strunk E. Physical Therapy Management of Older Adults with Dementia: What You Need to Know to Optimize Patient Outcomes. Continuing education session. Alabama Chapter of the American Physical Therapy Association, Fall Conference, Birmingham, AL, August 14, 2015.

**White L.** Staying Vertical: Adding Balance to Your Routine. Educational Session, Generational Resilience Conference, Gulf Coast Behavioral Health and Resiliency Center, Point Clear, AL, October 30, 2014.

Mount H, **White L.** The Adult Fitness Exam. Alabama Chapter of the American Physical Therapy Association, Fall Conference, Birmingham, AL, August 17, 2013.

**White L.**, Morris D. Putting it All Together: Balance Assessment and Treatment in Stroke and Parkinson's Disease. Alabama Chapter of the American Physical Therapy Association, Spring Conference, Orange Beach, AL, April 17-19, 2011.

**White L.** Balance and Fall Prevention Strategies. Educational Session, APTA National Student Conclave, Birmingham, Alabama, October 26, 2002.

Hartley G, **White L.** Building a Foundation for Effective PT Management – Special Needs of The Aging Population. Geriatric Clinical Symposium, Alabama Chapter of the American Physical Therapy Association, Destin, FL, May 14-16, 1999.

**Continuing Education Courses Taught:**

Bursch G, **White LW.** APTA Credentialed Clinical Instructor Program. Belmont University, Nashville, TN, December 11-12, 2021.

**White L.** Alabama PT Jurisprudence. Infirmary Health, Mobile/Fairhope, AL, January 21 and 28, 2020.

Bursch G, **White L.** APTA Credentialed Clinical Instructor Program. Belmont University, Nashville, TN, December 7-8, 2019.

**White L.**, Saale B. Making Outcome Measures Work for You and Your Patient in Adult Neurorehabilitation Across the Continuum of Care. Mobile Infirmary Medical Center, Mobile, AL, October 22, 2019.

St. Cin J, **White L.** Using Sitting Balance Measures to Guide Clinical Decision-making. Mobile Infirmary Medical Center, Mobile, AL, November 6, 2018.

**White L.** APTA Credentialed Clinical Instructor Program. University of South Alabama, Mobile, AL (annually 2003 – 2018).

**White L,** NMES in Stroke Rehabilitation. Mobile Infirmary Medical Center, Mobile, AL, September 15, 2018.

**White L,** Fell D, Taylor C, McVay K, Reinhert B. Optimizing PT and OT Outcomes in Older Adults with Dementia. University of South Alabama, Mobile, AL, August 24, 2017.

**White L.** Clinical Education Series: Setting Expectations for your PT/PTA Student. University of South Alabama, Mobile, AL, July 19, 2016.

**White L.** Are You Thinking What I'm Thinking? Teaching Clinical Reasoning to PT Students in the Clinic. University of South Alabama, Mobile, AL, July 21, 2015 and February 25, 2014.

**White L,** Strunk E. Updates on Fall Management of Older Adults: Practice and Payment. University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, September 10, 2013.

**White L,** Fell DW, Strunk E. You've Got the POWER! Addressing Muscle Performance Impairments in Older Adults. University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, September 2012.

**White L,** Fell DW, Strunk E. Therapeutic Exercise in Geriatric Populations: The Latest Evidence. University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, September 13, 2011.

**White L,** Strunk E. Maximizing the Effects of Exercise on Functional Outcomes in the Elderly. University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, August 31, 2010.

Wall J, **White L.** Assessment and Treatment of Balance in the Elderly. University of South Alabama/Mobile Area Physical Therapy Organization, Mobile, AL, September 23, 2004.

**Membership in Scientific/Professional Organizations:**

American Physical Therapy Association

1992 – present

Credentialed Clinical Instructor Program Advisory Work Group

March 2020 – July 2022

Academy of Geriatric Physical Therapy

1995 - present

Alabama State Advocate

2014-present

Cognitive and Mental Health Special Interest Group Academic Liaison

2015- 2018

Alabama Chapter, American Physical Therapy Association

1992 – present

Ethic Committee Chair

2017-present

Education Committee

1999 – 2001, 2017 - present

Academy of Physical Therapy Education Section  
2010 – 2018, 2020 – present

American Council of Academic Physical Therapy  
2014 – 2016  
Institutional Representative

Southern Consortium of Physical Therapy Programs  
2009-2016  
Clinical education representative

**Consultative and Advisory Positions Held:**

Consultation  
PT management course development.  
Emory & Henry College  
Emory, VA  
2017

Consultation  
Clinical education curriculum development.  
University of Arkansas for Medical Sciences  
Fayetteville, AR  
2014-2015

Reviewer - Professional Journals  
Journal of Geriatric Physical Therapy, 2022  
Physical and Occupational Therapy in Geriatrics, 2022  
Qualitative Health Research, 2013-2018  
Journal of Allied Health, 2014

Reviewer - Professional Presentations  
South Alabama Conference on Teaching and Learning, 2018  
Poster Proposals, World Confederation for Physical Therapy, 2015

**Community Service:**

Fall prevention education/screenings/classes  
VIA Health and Wellness, Mobile, AL  
2009-present

Health and fall prevention education/screenings/classes  
Cathedral Place Senior Apartments, Mobile, AL  
2013-2018

Fall prevention education/screenings/classes  
AHEPA Senior Housing, Mobile, AL  
2016-2017

Fall prevention presentations  
Hebron Baptist Church, Mobile AL



2016-2017

Matter of Balance class guest speaker

Area Agency on Aging

2013-2016

**Services to the University/College/School:**

University-wide

University Teaching and Learning Committee, member

2017 – 2018

Health Sciences Team-Based Learning Faculty Learning Community, facilitator

2017-2018

Gerontology Program Curriculum Advisory Committee, member

2016- 2018

Interprofessional Education Executive Committee, member

2015-2016

Interprofessional Education Ad Hoc Committee, member

2014-2015 University Library Committee, member, 2012- 2018

College

Academic Standards Committee, member

2021-2022

Interprofessional Education Taskforce, member

2021-2022

Research Taskforce, member

2021-2022

COM-COAHP Interdisciplinary Professionalism seminars, faculty

2009-2018

Biosafety Committee, member

2009-2016

Department

Curriculum committee, 2009-2018, 2020-present

Chair, 2015-2018

Admissions committee, 2009-2018, 2020-present, Chair 2021-present

Academic Standards committee, 2010-2018, 2021-present

Chair, 2016 – 2017

OT Faculty Search committee, 2015

PT Faculty Search committee, 2014-2018, 2020, Chair 2021-present

Chair, 2015, 2021-22

PT Chair Search committee, 2017, 2021-22

Scholarship committee, 2009-2018

Chair, 2009-2015

Pre-PT student advising, 2009-2015

**Honors and Awards:**

Best Poster

Hamrick K, Newell D, White, L. The feasibility of a physical therapist student-led A Matter of Balance program in an urban congregate housing setting.

South Alabama Conference on Teaching and Learning, Mobile, AL

May 9, 2016

Quality Enhancement Plan (QEP) Educator of Distinction  
Team USA, University of South Alabama  
April 29, 2016

Faculty Award for Excellence in Teaching  
Pat Capps Covey College of Allied Health Professions, University of South Alabama 2016

Generations Faculty Fellow  
Center for Generational Studies, University of South Alabama  
2016 – 2018, 2021-present  
Professional Development Fellow  
TeamUSA Quality Enhancement Project, University of South Alabama  
May 2015

Faculty Award for Excellence in Service  
Pat Capps Covey College of Allied Health Professions, University of South Alabama  
2014

Dean's Merit Scholarship Award  
UAB School of Health Professions  
2011

Faculty Scholar  
Geriatric Education Center, University of Alabama at Birmingham  
2009-2010

The Loretta R. Boger Award for Excellence in Clinical Education  
Division of Physical Therapy, University of Alabama at Birmingham  
2000

**Student Advisee Honors and Awards:**

Hambrick, Kaitlyn. Student Research Award. Academy of Geriatric Physical Therapy, 2016.  
Newell, Dalton. Outstanding PT Student Award. Academy of Geriatric Physical Therapy, 2016.  
Braddock, Kayla. Student Research Award. APTA Section on Geriatrics, 2013.

**Professional Development:**

*Montreal Cognitive Assessment (MoCA) Training and Certification Course*. Online certification course.  
MOCA, June 13, 2022.

*Building Resilience for Ourselves, our Students, and Those Whom We Lead*, Conference session. Conference  
on Teaching and Learning, University of South Alabama, Mobile, AL, May 8, 2022.

*Implicit Bias Training*. Workshop. University of South Alabama, Mobile, AL, March 25, 2022.

*Physical Therapy Education through the Lens of the Master Adaptive Learner*. Lecture. APTA Combined  
Sections Meeting 2022, San Antonio, TX, February 4, 2022.

*Reporting Standards for Qualitative and Mixed-Method Research in Physical Therapy*. Educational session.  
APTA Combined Sections Meeting 2022, San Antonio, TX, February 4, 2022.

*Qualitative Research Symposium*. Educational session. APTA Combined Sections Meeting 2022, San  
Antonio, TX, February 3, 2022.

*Education Research: How to Begin your Journey (Mini-GAMER)*. Pre-conference continuing education  
course. APTA Combined Sections Meeting 2022, San Antonio, TX, February 2, 2022.

*Documentation and Payment: 2021 Update.* Continuing education course. University of South Alabama, Department of Physical Therapy, Mobile, AL. August 25, 2021

*Acute Care Physical Therapy: When to Stop, Start, Do More, or Do Less.* Web-based CE course. Medbridge. August 2021.

*Life Under PDPM: What We've Learned So Far.* Web-based CE course. Medbridge. August 2021.

*Understanding and Applying Evidence in Exercise Prescription.* Web-based CE course. Medbridge. July 2021.

*Wheelchair Seating Assessment: The Mat Assessment.* Web-based CE course. Medbridge. June 2021.

*ACUE Promoting Engaged and Active Online Learning Micro-course.* Innovation in Learning Center, University of South Alabama. Mobile, AL. Spring semester, 2021.

*Internationalizing the Curriculum.* Innovation in Learning Center, University of South Alabama. Mobile, AL. Spring semester, 2021.

*Pharmacology for Geriatric Practice.* Web-based CE course. Medbridge. December 2020.

*Geriatric Bladder Control: Promoting a Culture of Bladder Control in Senior Living Environments.* Web-based CE course. Medbridge. December 2020.

*Lee Silverman Voice Training (LSVT BIG).* Re-certification program. Web-based format. July 2020.

*Lee Silverman Voice Training (LSVT BIG).* Continuing education course and certification program. Web-based format. July 2018.

*24<sup>th</sup> Annual Interdisciplinary Stroke Course: Foundations for Recover.* Continuing education course. Shirley Ryan Ability Lab. Chicago, IL. July 17-18, 2018.

*Combined Sections Meeting of the American Physical Therapy Association.* Conference. New Orleans, LA. February 22-24, 2018.

*Cultivating Leadership in Clinical Practice.* Continuing education course. Alabama Chapter of the American Physical Therapy Association. Birmingham, AL, August 12, 2017.

*21st IAGG World Congress of Gerontology and Geriatrics.* Conference. San Francisco, CA, July 24-26, 2017.

*Summer Scholarship of Teaching and Learning Institute.* Workshop. Innovation in Learning Center, University of South Alabama. Mobile, AL. June 27-28, 2017.

*Combined Sections Meeting of the American Physical Therapy Association.* Conference. San Antonio, TX. February 14-16, 2017.

*AL-APTA Leadership Conference.* Workshop. Alabama Chapter of the American Physical Therapy Association, Birmingham, AL, January 27, 2017

*69th Gerontological Society of American (GSA) Annual Scientific Conference.* Conference. New Orleans, LA, November 17-18, 2016.

*Strengthening the Community Engaged Scholarship Tool Box Forum.* Conference. Center for Healthy Communities, University of South Alabama, Mobile, AL, November 6, 2016.

### **Current Teaching Responsibilities:**

#### Fall Semester

- PT 602 Lifespan Human Development
- PT 611 Research Proposal
- PT 626 PT Health and Wellness
- PT 680 Professional PT Practice
- PT 685 PT Management

#### Spring Semester

- PT 612 Research Project
- PT 613 Critical Analysis of the Literature
- PT 640 Examination/Evaluation in Neurologic Physical Therapy
- PT 672 PT Clinical Synthesis II
- PT 681 PT Professional Issues
- PT 687 Professional Behaviors in Physical Therapy

Summer Semester

PT 642 Intervention in Neurologic Physical Therapy

PT 673 PT Clinical Synthesis III

PT 676 Advanced Topics – Geriatrics

OT 590 Special Topics – Dementia

